BABYSITTER INFORMATION SHEET

FIRST OF ALL, THANKS FOR HELPING US OUT!

We plan to be home around __________

CONTACTS

1. Name: ________________  Number: (____) -
2. Name: ________________  Number: (____) -
3. Pediatrician: __________  Number: (____) -
4. Poison Control: (____) -

FAVORITE ACTIVITIES

TOYS:

GAMES:

BOOKS:

TV SHOWS/MOVIES:

OTHER:

*If __________ cries, try these tricks: ________________________________

OUR ROUTINE

Here is where I write our typical schedule. I include when we eat, what food I've left prepared, when to begin bedtime, our bedtime routine, etc.

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RULES

This is a good place to tell your babysitter about any specific rules you want them to enforce, like whether/which snacks are allowed, how much TV time is okay, etc.

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